



International Federation of Podiatrists
Fédération Internationale des Podologues

Dermatology True/False Quiz

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|--|----------------------------|----------------------------|
| 1. Cutting a “V” into an ingrown toenail is a safe way to ease the pressure | <input type="checkbox"/> T | <input type="checkbox"/> F |
| 2. An effective heel balm should contain a keratolytic such as urea | <input type="checkbox"/> T | <input type="checkbox"/> F |
| 3. Swelling of both feet may indicate a systemic illness | <input type="checkbox"/> T | <input type="checkbox"/> F |
| 4. A growth that enlarges rapidly, is raised, is multi-coloured, and irregular shaped, may be malignant and should be investigated immediately | <input type="checkbox"/> T | <input type="checkbox"/> F |
| 5. Over-perspiration in the feet can be linked to fungal infection | <input type="checkbox"/> T | <input type="checkbox"/> F |
| 6. Burning feet may be caused by insect bites, ill fitting shoes, drug interactions, or systemic illnesses such as the complications of diabetes | <input type="checkbox"/> T | <input type="checkbox"/> F |
| 7. Only adults develop corns on their feet | <input type="checkbox"/> T | <input type="checkbox"/> F |
| 8. Spoon shaped nails can be an indication of anaemia | <input type="checkbox"/> T | <input type="checkbox"/> F |
| 9. Thickened nails may be linked to infection or poor blood circulation | <input type="checkbox"/> T | <input type="checkbox"/> F |
| 10. A callus only develops in response to pressure and friction | <input type="checkbox"/> T | <input type="checkbox"/> F |

ANSWERS: 1. false | 2. true | 3. true | 4. true | 5. true | 6. true | 7. true | 8. true | 9. true | 10. true