



**Annual
Ontario
Podiatric
Medical
Association
Conference**

**September
15-18, 2011**

Toronto

Orthotic Energy - Competitively priced, insurance approved, custom made orthotics

MEPHISTO
FINEST WALKING SHOES

Hawk



ecco
Biom Trainer



The **stock** and **selection** to satisfy all of your patients' lifestyle needs!

NAOT

Secret



adidas

Powerband 3.0



Orthotic Energy

"addressing biomechanics with applied orthopedics"

To learn more about our products and services visit us at www.orthoticenergy.com

ecco Hush Puppies **indigo**

adidas **ara** **asics** **BIRKENSTOCK** **Blendo** **BOSTONIAN** **Clarks**

MEPHISTO **primo** **NAOT** **NIKE** **privo** **PUMA** **ROCKPORT** **Timberland**

PIKOLINOS

3761 Victoria Park Ave., Unit 9
Toronto, Ontario
M1W 3S2
416-444-7060 or 866-939-2999

100% Canadian Company.



**Thursday September 15, 2011, 7:30pm - 11:00pm
CPR - HEARTSAVER CERTIFICATION**

INTERNATIONAL A

Under the standards of practice in Ontario, annual CPR certification is a **COMPULSARY** requirement for license renewal. The OPMA is pleased to present one and two person CPR, choking rescue and lifesaving, conducted by Essential Training and Response Solutions. This year we also offer this program to spouses, assistants and office staff. Attendance is overwhelming every year. Register early to avoid disappointment.

PLEASE NOTE; AFTER THIS YEAR, THE COLLEGE WILL REQUIRE CPR CERTIFICATION EVERY 3 YEARS

SPACE IS LIMITED. PLEASE NOTE: MUST REGISTER NO LATER THAN August 30th!

PLEASE SUPPORT OUR EXHIBITORS

INTERNATIONAL ROOM C

OVER 35 EXCITING EXHIBITORS INCLUDING:

- » Bescot Healthcare Canada
- » Cellcomm Communications
- » Cutera Laser Technologies
- » Dormer Laboratories
- » KYB
- » Langer Biomechanics Group
- » Magne-Tec Enterprises
- » National Shoe Specialties
- » Odan Laboratories
- » Orthotic Energy
- » Paris Orthotics
- » Ped-A-Ligne
- » Personal Service Supply
- » Spenco Medical
- » The Orthotic Group
- » York Downs Pharmacy

VERY SPECIAL THANKS FOR YOUR SUPPORT



COMPOUNDING FOR PODIATRISTS

Needs Podiatrists have had for compounded medications:

- Topical enhanced anti-fungal treatments for toenails
- Transdermal anti-inflammatory agents
- Treating calluses
- Transdermal anti-viral treatments for wart removal
- Skin softeners & moisturizers
- Transdermal treatments for neuropathy
- Keratinolytic agents
- Wound care
- We will assist you in developing private formulations

3910 Bathurst Street, Toronto, Ontario M3H 3N8
Phone: (416) 633-2244, Fax: (416) 633-8357,
Toll Free: 1-800-564-5020

Wide range free delivery throughout GTA

Friday September 16th PRACTITIONER'S PROGRAM

Lectures International B
Exhibits International C

PLEASE NOTE; lecture hall temperatures fluctuate, please bring a sweater or light jacket, for your comfort.

9:00am - 10:00 am
10:00am - 10:30 am

Registration/Visit Exhibits/Coffee

G-PULSE

An innovative therapy that combines electromagnetic therapy with laser light energy. This modality is a combination therapy, used to treat a multitude of common disorders of the foot. The unit doesn't require practitioner or assistant supervision and it has a valuable ROI, without use of disposables.

Hartley Miltchin DPM

10:30am - 11:30am

Peripheral Vascular Disease (PAD)

PAD is the 'new diabetes'. PAD is a common syndrome that affects a large patient population. Understand the disease, the symptoms, treatments and current trends. Learn the effects of PAD, specifically critical limb ischemia.

Joseph Caporusso DPM

11:30am - 12:15pm

Minimally Invasive Bunion Surgery

Indications, procedures and post operative care for the Modified Wilson osteotomy and the Reverdin-Isham osteotomy for the treatment of hallux valgus deformity.

Sheldon Nadal DPM

12:15pm - 12:30pm

Visit Exhibits

12:30pm - 2:00pm

Presidential Luncheon

Meet the current APMA President

2:00pm - 3:15pm

Pathomechanics of Hallux Abducto Valgus

Understanding various etiologies of HAV from different perspectives. How pathological gait has a negative effect on the 1st MTJ. Abnormal function of the 1st ray and its effect over time on HAV formation. Algorithms to determine the progress of bunion formation.

Justin Wernick DPM

3:15pm - 4:30pm

Visit Exhibits/Coffee

4:30pm - 6:00pm

Canadian Podiatric Medical Association AGM

DINNER

6:00pm - 8:00pm

Ontario Podiatric Medical Association AGM

PLEASE NOTE; lecture hall temperatures fluctuate, please bring a sweater or light jacket, for your comfort.

9:00am - 10:00am	Assistant Registration/Coffee/Visit Exhibits
10:00am - 11:00am	Communications Communication techniques that motivate patients to say "YES". » Role Playing » Change Management » Jason Kraus
11:00am - 12:00pm	Understanding Heel Pain You see patients on a daily basis that suffer from heel pain. What are the most common causes of heel pain and various treatments available to treat these. You will be able to better understand heel pain and address the patient's questions and concerns. <i>Hartley Miltchin DPM</i>
12:00 - 12:30pm	Visit Exhibits/Coffee
12:30pm - 2:00pm	Presidential Luncheon
2:00pm - 3:00pm	Peripheral Vascular Disease (PAD) PAD is the medical name given to a group of problems that causes poor circulation to the feet and legs. The most common cause of this is arteriosclerosis ("hardening of the arteries") in which there is a gradual thickening and hardening of the walls of the arteries (the blood vessels that bring blood to the extremities from the heart). Diabetes is the most common cause of peripheral vascular disease. You see many patients who exhibit PAD, learn how to recognize the symptoms and precautions necessary. <i>Joseph Caporusso DPM</i>
3:00pm - 3:30pm	Visit Exhibits/Coffee
3:30pm - 4:30pm	Office Procedures What is Minimally Invasive Surgery (MIS) and what are the advantages over traditional hospital based surgery. Understanding the basics will help you answer your patient's questions easily. <i>Michael Warshaw DPM</i>

PLEASE NOTE; lecture hall temperatures fluctuate, please bring a sweater or light jacket, for your comfort

9:00am - 9:30am

VISIT EXHIBITS/COFFEE

9:30am - 10:30am

HyProCure

HyProCure has been created to provide the best solution to an extremely common condition: instability of the subtalar joint complex. This subtalar stabilization device transposes the negative space of the sinus tarsi into a positive space. Due to the unique design of HyProCure, utilizing both the canalis and sinus portion of the sinus tarsi, it restores the normal triplane motion while eliminating the excessive motion of the talus on the calcaneus.

Michael Graham DPM

10:30am - 11:15am

Communications

Communications techniques that motivate patients to say "YES".

- » Role Playing
- » Change Management
- » Jason Kraus

11:15am - 12:00pm

Visit Exhibits/Coffee

12:00pm - 1:30pm

Lunch (on your own)

1:30pm - 2:30pm

Nerve Compression Syndrome vs. Neuropathy

What's the difference and the newest approaches to this age old problem. Discover a new way of thinking and a unique treatment option.

Michael Graham DPM

2:30pm - 3:30pm

Soft Tissue Office Procedures

Review minimally invasive office, soft tissue procedures. Techniques for tenotomies, capsulotomies etc.

Michael Warshaw DPM

3:30pm - 4:00pm

Visit Exhibits/Coffee

4:00pm - 5:00pm

Morton's Neuroma

A minimally invasive (MIS) technique to surgically treat Morton's neuroma within the office setting.

Michael Warshaw DPM

5:30pm

Prize giveaways and grand prize draw

SPECIAL THANKS TO OUR MANY EXHIBITORS FOR THEIR KIND DONATIONS

PLEASE NOTE; lecture hall temperatures fluctuate, please bring a sweater or light jacket, for your comfort.

Continental Breakfast



9:30am - 12:00am

Biomechanical Examination

Participate in a hands-on biomechanical examination with one of the masters of biomechanics, Justin Wernick DPM.

An interactive program to assist the clinical practitioner in performing a comprehensive examination of the lower extremity musculoskeletal system. Dr. Wernick provides a systematic approach to evaluate a patient and relates the significance of the findings to the patient's chief complaint.

Orthotic Trouble Shooting

Understand common orthotic problems and their solutions.

Jason Kraus

12:00 - 1:00pm

LUNCH

Special Thanks to Cutera

A CUTERA SPECIAL PRESENTATION

1:00pm - 5:00pm

Cutera presents the latest technology to treat onychomycosis, verrucae and scar revision, specially formulated for foot care practitioners.

The most powerful Nd: YAG laser for toenail fungus and skin rejuvenation. GenesisPlus is the culmination of more than a decade of experience and one of Cutera's most advanced Nd:YAG laser systems. With integrated temperature display LEDs, GenesisPlus gives you the feedback you need for maximized clinical results

Toenail Fungus

GenesisPlus – the premium laser for the treatment of toenail fungus – provides a fast and effective solution without additional costs. GenesisPlus' unique features make it the laser system of choice to maximize your return and effectively clear toenail fungus.

Scar Reduction

GenesisPlus is used to treat and accelerate scar remodeling, improve erythema and enhance cosmesis. GenesisPlus also softens and relaxes the tension in scars, improving mobility for the patient.

Warts

GenesisPlus provides the power needed for effective treatment of warts. Studies with GenesisPlus demonstrate a higher clearance rate than other common therapies

David Weiss DPM has over a decade of experience in medical and surgical treatment of the feet. His practice, Weiss Foot & Ankle Center is at the forefront of patient care, utilizing the latest research and technology to deliver complete podiatric care to patients throughout Southern New Jersey. Dr. Weiss has the most experience with the Genesis Plus.



- » **About GenesisPlus:** Learn more at: <http://www.cutera.com/podiatry/>.
GenesisPlus is the laser of choice to maximize your clinical outcomes and your return on investment.
- » **Versatile** for multiple podiatric conditions – onychomycosis, scars and warts.
- » **Maximum ROI.** No disposables or per-use fees.
- » **Rapid Delivery** reduces treatment time.
- » **Marketing and Clinical Support**
- » **Light and Ergonomic Handpiece**
- » **Temperature Monitoring** and real-time clinical feedback

TISSUE SOFTENER URISEC® 40 ÉMOLLIENT TISSULAIRE

A powerful formulation for dry and rough skin and damaged or diseased nails.

Take the
FAST TRACK
to
STRONG and HEALTHY NAILS!

Three reasons to use UriSec®:

- SAFE**
Gently dissolves damaged and devitalized nails painlessly.
- SURGERY FREE**
Helps avoid costly and invasive surgeries.
- CONVENIENT**
In-house treatment to help ease your patients recovery.



NEW 15g ONLY \$19.95!*

Convention Committee

The Ontario Podiatric Medical Association is approved by the Council on Education as a Sponsor of Continuing Education in Podiatric Medicine.

24 CME applied for, Registrants must sign in daily. Completed attendance certificates will be mailed to registrants by the Canadian Podiatric Medical Association in a few weeks.

Distinguished Faculty

Joseph Caporusso DPM

Private Practice McAllen, Texas
Incoming APMA President

Michael Graham DPM

Private Practice Shelby Township, Michigan
President GramMed

Jason Kraus

Executive Vice President Langer Biomechanics New York
Managing Partner SOS Healthcare Management Solutions

Hartley Miltchin DPM

Private Practice TOEronto, Canada

Sheldon Nadal DPM

Private Practice Toronto, Canada
Board of Directors American Academy of Foot and Ankle Surgery

Michael Warshaw DPM

Private Practice Ravenna, Ohio
Academy of Ambulatory Foot and Ankle Surgery (AAFAS)

David Weiss DPM

Private Practice New Jersey
Podiatry Laser Consultant

Justin Wernick DPM

Co-founder Langer Biomechanics Group
Biomechanics/Pedorthic Consultant
International Lecturer

Conference Fees

Annual Ontario Podiatric Medical Association Conference
Toronto, September 15-18, 2011

DEDUCT \$50.00 on all Practitioner fees if POSTMARKED PRIOR to August 15th, 2011

We cannot accept credit card payments at this time!
All registration fees are tax exempt

Practitioners	\$650.00
Out of Province Practitioners	\$600.00
On Site Registration	Add \$50.00 to ALL above fees

Above fees include: CPR, Lecture Notes, One Presidential Luncheon Ticket, Door Prize Eligibility

Podiatric/Chiropody Student/Resident	\$100.00	Does not include CPR or prize eligibility
On Site Registration	Add \$50.00 to ALL above fees	

Assistants	\$100.00	(NO EARLY DISCOUNT APPLIES) Includes one Presidential Luncheon ticket, Does not include CPR (add \$50.00)
-------------------	----------	--

Additional Luncheon Tickets \$45.00/person

Additional CPR \$50.00/person (included for practitioners),
non-refundable after August 30th, 2011
Must reserve by August 30, 2011

Hotel and parking fees **not** included in above fees. Registration for CPR must be received no later than August 30th. CPR is limited availability, reserve early. Your cancelled cheque is your receipt, no receipts will be issued.

HOTEL DOUBLETREE INTERNATIONAL PLAZA (see ad)

Mention the OPMA Conference for a reduced hotel room rate of \$139.00 per day. Suites available. Taxes extra. Hotel reservations will be accepted until August 15, 2011. After this date, availability is not guaranteed and room rates increase. Parking - \$10.00/day - in/out privileges permitted for hotel guests.



Assistant Registration Form

Annual Ontario Podiatric Medical Association Conference
Toronto, September 16, 2011

PLEASE PRINT CLEARLY !

Note: Parking is not included

Practitioner's Name (only one please) _____

Assistant's Name(s) _____

Name(s) of those assistants attending CPR (ADDITIONAL \$50.00)

Name(s) of those assistants who will be attending the Presidential Luncheon on Friday

(assistant names)



Made By Podiatrists for Podiatrists
Since 1987

Nothing Softens Feet Like Foot Spa Cream

Ped A Ligne 1-800-547-4767



Results
Guaranteed

Increase Your
Income
Potential



DOUBLE TREE
— by Hilton —
TORONTO AIRPORT

Welcomes Ontario Podiatric Medical Association

SEPTEMBER 15-18, 2011

SPECIAL ROOM RATES OFFERED UNTIL AUGUST 15, 2011

For Room reservations please contact 1-800-668-3656



Enjoy exceptional Italian cuisine in Alfredo's; a distinguished Toronto dining experience. A little pasta, a little vino, great service and atmosphere make for a memorable meal.



Drop into the Orchid Cafe and Wine Bar for healthy snacks, bountiful buffets and a great wine selection - morning, noon and night. There is something to treat every taste bud. Casual dining at its best.



Relax and enjoy some of Harry's fantastic cocktails with friends and colleagues in the cozy surroundings of Harry's Bar. Light snacks available.

LOCATION

Minutes from Pearson International Airport via complimentary airport shuttle. Only 25 kilometers (17 miles) from downtown Toronto. Within easy access to major highways including Highway 401, 427, 407, 409 and downtown. Eight kilometers from Woodbine Race Track and Slots and Woodbine Shopping Centre. Directly across from the Toronto Congress Centre. Conveniently located within three kilometers of a golf course and business parks. Within easy drive to Square One Shopping Centre, Sherway Gardens, Living Arts Centre and Mississauga City Centre.

ROOM AMENITIES

- Spacious hospitality suites
- Non-smoking and accessible rooms available
- Coffeemaker with complimentary coffee and tea
- Iron and ironing board; hairdryer
- Fridges, connecting rooms, cots and cribs available
- In room Internet cordless keyboard access and available wireless high-speed Internet access
- Electronic door locks
- Two 2-line cordless hands-free phones in Executive guest rooms and suites
- Cable TV
- Weekday morning newspaper
- MP3 player alarm clock radio

655 Dixon Road, (at Hwy. 401)
Toronto, Ontario, Canada M9W 1J3
Tel: (416) 244-1711 Fax: (416) 244-8031
1-800-668-3656
www.torontoairport.doubletreebyhilton.com